



NEWSLETTER

1st April 2021

This week at Fair Furlong

Notices

Thank you to all of our families for your help and support to ensure that the return from lockdown and remainder of this term has gone as smoothly as possible. It's been wonderful to be back together as a whole school community and I am so proud of all our school staff giving the children the best learning experiences possible.

We hope you have a lovely Easter and enjoy the break if you are getting one, some relaxation, fun in the sun (and the chocolate!) and we look forward to welcoming all of our families back on Monday 19th April.

PE Days Next Term

Reception: Mondays

Year 1: Wednesdays

Year 2: Tuesdays and Thursdays

Year 3: Mondays (Just Edinburgh) - Tuesdays (All of Year 3)

Year 4: Thursdays

Year 5: Fridays

Year 6: Mondays



Reception Places 2021

Offers of school places will be sent to you by Bristol City Council on 16th April 2021. Please keep an eye on your emails at this time.

Parent Carer and Aspirations Survey

Don't forget to check your emails and complete the two surveys we have sent out to let us know what you think of school and our aspirations survey to let us know what your child(ren) aspire to be ☺



Red Nose Day - Thank You

Thank you to everyone who joined the fun and helped raise money for Red Nose Day. Together we've raised a fantastic
£474!!

Easter Fun with Chartwells

Chartwells our school caterers have sent some exciting holiday activities and resources for children to enjoy at home!

At the bottom of this newsletter you will find:

Let's Get Active! Barry's Bean Dance Activity Card

Hidden Sugars Worksheet - Do you know how much sugar is in your favourite snacks?

Marmite Twists Recipe Card

Banana and Honey Bagel Recipe Card

The Super Yummy Kitchen Access Guide - The Super Yummy Kitchen offers recipes & cook-a-long videos, activities, foodie facts and top tips on health, food waste, sustainability and loads more!

We hope you're enjoy getting involved in some of these great activities over the holidays.

Great Attendance and a SURPRISE!

An amazing 286 children have had 100% attendance since returning from lockdown. This is great for both the children and for the in class teaching!

Thank you all - we will be delivering attendance treats to class.

A SURPRISE for next term. To celebrate such great attendance our family link team are hatching a plan. Please let your children know to keep an eye out in the playground when they return. They'll have to make sure they're here every day - because we don't know when the surprise might happen!!!

What's Been Happening this Week?



Our Year 2 and Year 3 children have been working very hard on an Easter Eggstravaganza video that has been sent out to their parents. We hope you enjoy it!



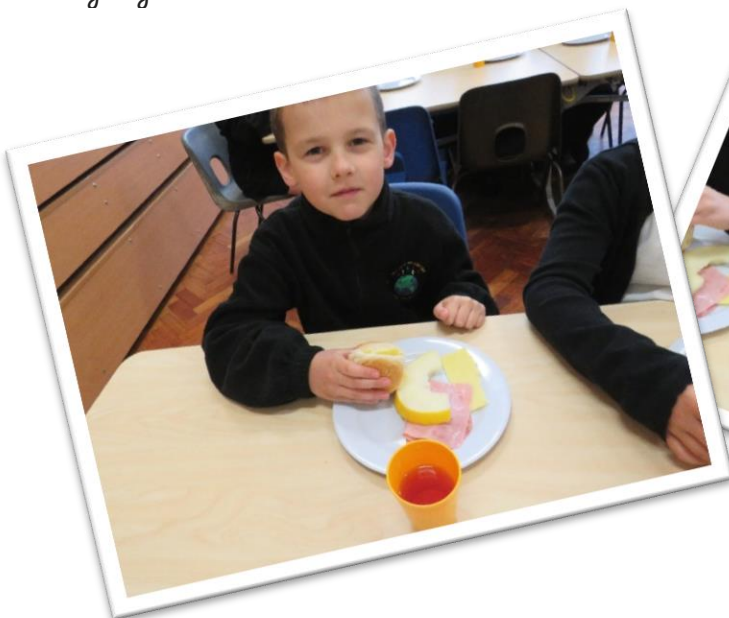
We would like to say a big thank you to Jenny and her team at the Ark, who delivered 'Bags of love' craft bags for our year 2 and 3 children this week. Each year, we work with the Ark to create a piece of artwork which is included in their

Easter trail. This is a little different, but it is great to be able to keep up our wonderful link with the gift of the bags and the art we have shared. We hope that our year 2 and 3 children enjoy the bags, we would love to see some photos of what you get up to with them!



Breakfast club enjoyed a continental day of term -

breakfast for the last
Yummy!





Letters home

Year 2 and Year 3 - Easter Link
Aspirations Email
Attendance Reporting Reminder
Nursery - Toileting Zoom Call Link

First Week Back Menu

Monday: Pizza, Vege Burrito, Jacket Potato with Tuna or Tomato Pasta

Tuesday: Beef Bolognese, Vegetable Lasagne, Jacket Potato with Beans or Tomato Pasta

Wednesday: Chicken Roast or Vegetable Slice

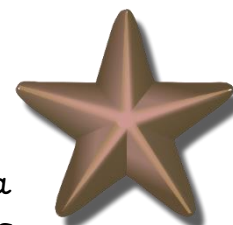
Thursday: Pork Sausages, Vege Sausages, Jacket Potato with Beans or Tomato Pasta

Friday: Fish Fingers, Quorn Bolognese, Jacket Potato with Tuna or Tomato Pasta

Certificates Awarded for Outstanding Achievement this week

	Learning Together: Riley Wescott, Jake Phillips, Jayden Pearce
	Enthusiasm: Reggie Mortlock, Aubrey Hazell
	Challenge: Nadia Korczewska, Kolby Brooks, Jasmine Morgan, Kamari Amollo, Cameron Lewis
	Respect: Amelia Rose Mansie, Lola Hancock, Leah Tucker
	Trust: Ollie Dowling, Orin Costar

Bronze Star Awards



Well done to Tulla-Rae Godfrey, Oscar Sullivan, Skyla Banfield, Megan Jackson, Kacey Molton, Bella Nolan, Poppy Jenkins, Rae Collins, Nova Coggins, Nadia Korczewska, Jahvya Baptiste, Isla Viner, Shayley Davis, Kaiden B & Amelie Bray who have worked incredibly hard to achieve their Bronze star awards - keep up the hard work!

Readers & Writers of the Term

A super special well done to our Readers and Writers of the Term.
Amazing effort everyone!

Readers: Brody Cole, Jay Keal, Evie Spicer, Ethan Swatton, Lily Palmer, Una Brice, Bailey Friend, Skyla Banfield, Katharine Wilson, Tyrone Collins, Amelie Sanderson, Hadyn Chapman, Hollie Dunn, Brook Spicer, Brock Williams

Writers: Shanaya Baldock, Archie Gyde, Rae Collins, Sophie Jones, Alfie Collins-Dix, Daniel Burchart, Theo Souch, Darla Hawkes, Alexis Pearce, Georgia Hastler, Kyle Williams, Mollie Powell, Brooke Delaney, Bella Godfrey, Mason Swatton

Attendance this Week

KS1 Position	Class	% Attendance	KS2 Position	Class	% Attendance
1-	Seoul	98.3	1-	Stockholm	98.7

2 nd	UlaanBaatar	96.6	2 nd	Santiago	98.3
3 rd	Doha	96.6	3 rd	Beijing	96
4 th	Port Louis	95	4 th	Canakry	95.5
5 th	Tehran	94.5	5 th	Sofia	94.2
6 th	Funafuti	93.3	6 th	Cardiff	90.1
			7 th	Ottawa	89
			8 th	Guatemala City	87.8
			9 th	Edinburgh	81.1

Attendance	Comment
99% - 100%	Outstanding
97% - 98%	Excellent
95% - 96%	Great (School attendance target is 95%)
93% - 94%	Satisfactory
Less than 93%	Must do better

Attendance this week has been particularly low for some classes - the children have missed so much learning already
PLEASE come to school every day you can.

Next Term and Beyond

2020/21 School Dates

Term 4

Monday 22 February to Thursday 1 April

Term 5

Monday 19 April to Friday 28 May

Term 6

Monday 7 June to Wednesday 21 July

(Friday 9 July : INSET DAY)

2021/22 School Dates (INSET Days TBC)

Term 1

Thursday 2 September to Thursday 22 October

Term 2

Monday 1 November to Friday 17 December

Term 3

Tuesday 4 January to Friday 19 February

Term 4

Monday 28 February to Friday 8 April

Term 5

Monday 25 April to Friday 27 May

Term 6

Monday 6 June to Friday 22 July

Diary Dates

Term 5

Monday 19th April FIRST DAY OF TERM

Monday 3 rd May	Bank Holiday - School Closed
Thursday 6 th May	Polling Day - School Closed
Friday 7 th May	RE Day - Special Places
Wednesday 12 th May	Class Photographs
Friday 28 th May	END OF TERM

Term 6

Monday 7th June FIRST DAY OF TERM

Thursday 8 th July	End of Year Reports
Friday 9 th July	INSET DAY
Wednesday 21 st July	LAST DAY OF TERM

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-people-with-confirmed-or-possible-coronavirus-covid-19-infection>

If you or your family are affected by symptoms of Covid 19 please do let the school office know so we can respond accordingly in school.

This is really important even if you are remote learning

Child Link – You can go here to play games, have a go at their activities and talk to someone about some of your problems you can't sort out yourself. Telephone number: 0800 1111

HANDS **FACE** **SPACE**

bristol.gov.uk/coronavirus

#WeAreBristol

If you develop one or more symptoms:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

Get a test and self-isolate until you get your test result.

DATA PROTECTION REGULATION – You may not be aware but the General Data Protection Regulation (GDPR) came into force in May 2018. We are required to conduct due diligence for all parents to be aware of the regulation and how it affects their child and the way the school deals with their personal data. Under the regulation we have a responsibility to ensure to the best of our ability that any personal data held is up to date. We would ask that should any of your personal data change i.e. telephone number, address, medical needs etc that you please inform the school as soon as possible so we can update our records. You will still receive an annual data collection sheet every September but we would ask you not to wait but inform the school of any changes immediately.

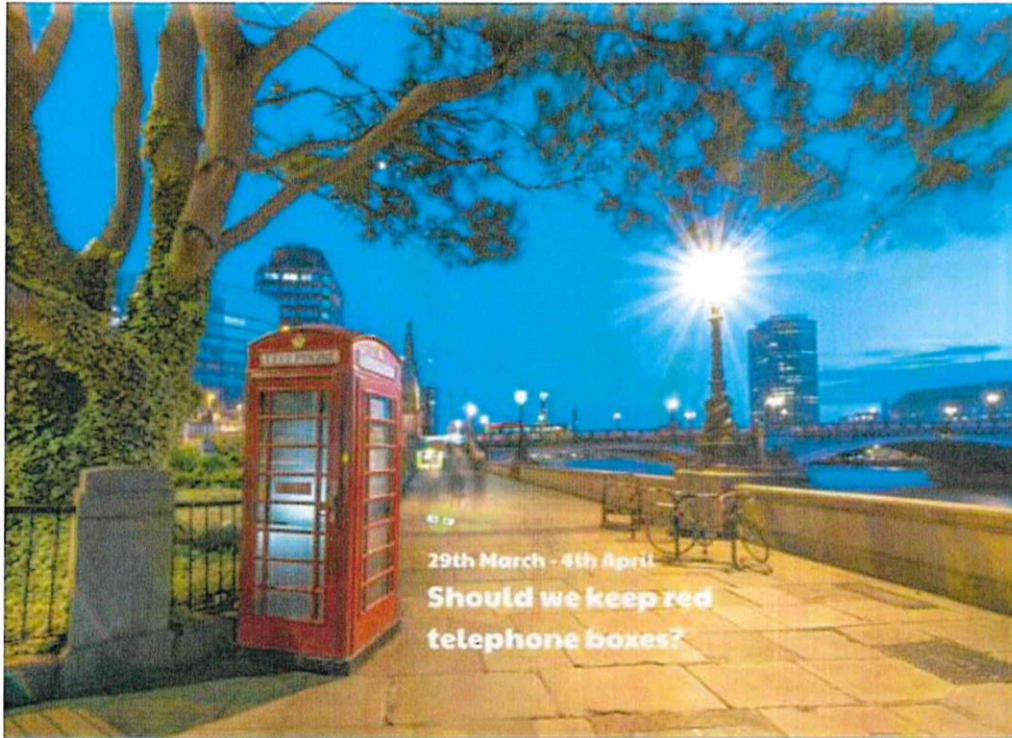


Picture News

at Home

29th March 2021

What's going on this week?



Thousands more traditional red telephone boxes are to be revived by local communities and could be transformed into museums, libraries and homes for defibrillators. The telephone company, BT, has revealed that almost 4,000 more of its phone boxes across the UK are being made available because they have become unnecessary due to the use of mobile phones.

Things to talk about at home...

- 🐼 Do you know where the nearest red telephone box is to your school or home? Is it still in use as a phone or is it being used for something else?
- 🐼 If you could give a phone box a new purpose, what would it be?
- 🐼 Can you find someone who has used a red telephone box to make calls? What can they remember about them?

Please note any interesting thoughts or comments here...



Share your thoughts and read the opinions of others on our discussion board: www.picture-news.co.uk/discuss



LET'S GET ACTIVE WITH BARRY'S BEAN DANCE...

Chartwells

Below is a fun way to help get your body moving and raise your heart beat with Barry Beans. Exercise is important for our health and can help our hearts, muscles and bones. Don't forget we need to do 60 minutes of exercise a day!

Runner Bean
print on the spot as quickly as possible



Jumping Bean
Start jumping and DON'T STOP



Beans on Toast
Lie on the floor with your arms spread out wide



Chilli Bean
Shiver and shake... our chilli bean is very chilly



To get started:

Nominate one person in the group who will remember all of the beany moves.

Then spread out round a large room and listen out for Barry's dance moves...

Our fun bean facts:

1

Beans can count towards your five a day - but only one portion

2

Beans are a great source of protein

3

Beans have lots of fibre in which is good for our digestive system

4

Beans come from the legume family

5

Most beans are stored dried or canned - so they last longer



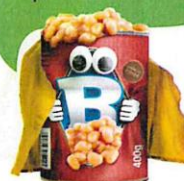
String Bean
Stand on the spot and make yourself as LONG AS POSSIBLE - just like a piece of string



Broad Bean
stretch out your arms and legs as wide as you can



French Bean
Strike a pose and SHOUT 'Bonjour'



Kidney Bean
Freeze and bend into a C shape



? How do I sign my child up for School Meals? Speak to your school official

HEALTHIER LIVES
BALANCE



Chartwells
EAT LEARN LIVE

Hidden Sugars

?

Do you know how much sugar is in your favourite snacks? Do you now how much sugar you should be having a day for your age?

Bonus Task

The average sugar cube is equivalent to

Can you match up the drinks
number of sugar cubes to

1



4



2



5



3



6



Ma



**The
Super Yummy
Kitchen**

Chartwells
EAT LEARN LIVE



The place where fun, food and education meet!

We at Chartwells aim to nourish every young mind and body with exceptional food and learning. We also want to go beyond our kitchen, to teach young people and families the joy of cooking great food, together with great nutrition. We believe that it's so important to teach children about food, health and how to cook in a fun and engaging way!

Visit us at:



@thesuperyummykitchen



The Super Yummy Kitchen



The Super Yummy Kitchen



For your children and family, you will find things like:

Super Yummy recipes and cook-a-long videos

Fun, educational activities and food facts

Information on nutrition, health and the environment

Helpful posts for parents on topics like fussy eating

Chartwells
EAT LEARN LIVE

Ingredients

4 Bananas
90g Honey
4 Plain White Bagels

Equipm

Knife, toast

Method

- 1) Cut the bagels in half horizontally across the middle.
- 2) Toast the bagels in a toaster or under the grill or in the oven until they are light brown.
- 3) Peel then slice the banana into 1cm thick slices.
- 4) Spread the honey onto each bagel half then top with the slices of banana.

Experiment

Use different types of toppings for your bagel; make it savoury with scrambled, boiled or poached eggs.

Healthy Tip!

Use wholegrain bagels.

h cheese

crisp



Bristol based Parenting Menu On-line City-wide Courses Term 5 2020-21

Co-ordinated by the Families in Focus Parenting Team (FIFPT)

All courses are free, term time only unless stated and available to Bristol Parents and Carers. For further information visit our [Parenting courses page](#)

Please be aware that Families in Focus Parenting Team (FIFPT) courses are currently heavily over-subscribed and there are waiting lists for all programmes. Please do contact the FIFPT or course facilitators to be placed on the waiting list.

Online Course: Incredible Years: parents of children with challenging behaviour aged 3 to 10years

Start date: 20th April 2021

Length of course: 12 weeks

Day of course: Tuesday

Time of course: 10am to 12.15pm

Course provider: Families in Focus Parenting Team

Course platform: Zoom programme

Course enquiries: Lucy Dixon: 07827 305 457

Email: lucy.dixon@bristol.gov.uk

Online Course: Incredible Years: parents of children with challenging behaviour aged 3 to 10years

Start date: 21st April 2021

Length of course: 12 weeks

Day of course: Wednesday

Time of course: 7.15 to 9.15pm

Course provider: Families in Focus Parenting Team

Course platform: Zoom programme

Course enquiries: Lucy Dixon: 07827 305 457

Email: lucy.dixon@bristol.gov.uk

Online Course: Incredible Years: parents of children with challenging behaviour aged 3 to 10years

Start date: 29th April 2021

Length of course: 14 weeks

Day of course: Wednesday

Time of course: 10am to 12.15pm

Course provider: Families in Focus Parenting Team

Course platform: Zoom programme

Course enquiries: Jude Elias: 07919 397 634 or Pauline Sparkes: 07464 907 637

Email: Judith.elias@bristol.gov.uk or Pauline.sparkes@bristol.gov.uk

Live Course: Nurturing Programme: parents of children aged 2+years

Start date: 7th May 2021

Length of course: 11 weeks

Day of course: Friday

Time of course: 9.30am to 11.30am

Course venue: Southmead Children's Centre

Course enquiries and creche booking: Jess Hughes: 0117 3772344

Email: jess.hughes@bristol-schools.uk

Online Course: Triple P: parents of primary school aged children

Start date: 7th May 2021

Length of course: 8 weeks

Day of course: Friday

Time of course: 12.30 to 2.30pm

Course provider: Wider World

Course platform: Zoom programme

Course enquiries: Jonothan Hope: 07779 086 892

Email: Jonothan.hope@wider-world.org.uk or register: <https://forms.gle/TUraVCamGT6royzo7>

Online Course: Timid to Tiger: parents of children with anxiety aged 3 to 11years

Start date: 6th May 2021

Length of course: 10 weeks

Day of course: Thursday

Time of course: 10am to 12pm

Course provider: Families in Focus, Parenting Team

Course platform: Zoom programme

Course enquiries: Denise Quilty: 07881 267 126

Email: Denise.quilty@bristol.gov.uk

Online Course: Timid to Tiger: parents of children with anxiety aged 3 to 11years

Start date: 12th May 2021

Length of course: 10 weeks

Day of course: Wednesday

Time of course: 10am to 12pm

Course provider: Families in Focus, Parenting Team

Course platform: Zoom programme

Course enquiries: Vicky Collis: 07464 983 531 or Natasha Kirby: 07464 510 313

Email: vicky.collis@bristol.gov.uk or natasha.kirby@bristol.gov.uk

Live Course: Strengthening Families Strengthening Communities: parents of children 0 to 18years

Start date: 28th April 2021

Length of course: 11 weeks

Day of course: Wednesday

Time of course: 9.30am to 12pm

Course provider: Wellspring Settlement

Course venue: 43 Ducie Road, Barton Hill, Bristol. BS5 0AX

Course enquiries and creche booking: Sally Williams: 0117 9556971

Email: sallyw@bartonhillsettlement.org.uk

Online Course: Non-Violent Resistance: parents of children aged 8 to 17years with violent, controlling or self-destructive behaviours

Start date: 28th April 2021

Length of course: 12 weeks

Day of course: Wednesday

Time of course: 7.15 to 9.30pm

Course provider: Families in Focus Parenting Team

Course platform: Zoom programme

Course enquiries: Karen Legge: 07384 243 765

Email: karen.legge@bristol.gov.uk

Online Course: Non-Violent Resistance: parents of children aged 8 to 17years with violent, controlling or self-destructive behaviours

Start date: 4th May 2021

Length of course: 13 weeks

Day of course: Tuesday

Time of course: 12.15pm to 2.30pm

Course provider: Families in Focus Parenting Team

Course platform: Zoom programme

Course enquiries: Saf Cooper: 07760 990 850

Email: saf.cooper@bristol.gov.uk

Online Course: Parents Plus Adolescents Programme: parents of children and teens aged 10 to 17years

Start date: 4th May 2021

Length of course: 9 weeks

Day of course: Tuesday

Time of course: 1pm to 3pm

Course provider: Families in Focus Parenting Team

Course platform: Zoom programme

Course enquiries: Gail Hunter: 07584 202 855 or Vicky Mundy: 07464 989 849

Email: gail.hunter@bristol.gov.uk or victoria.mundy@bristol.gov.uk

Online Course: Parents Plus Adolescents Programme: parents of children and teens aged 10 to 17years

Start date: 25th May 2021

Length of course: 9 weeks

Day of course: Tuesday

Time of course: 10am to 12.30pm

Course provider: Families in Focus Parenting Team

Course platform: Zoom programme

Course enquiries: Chris Hardy: 07552 289 599 or Jude Elias: 07919 397 634

Email: chris.hardy@bristol.gov.uk or Judith.elias@bristol.gov.uk

Online Course: Parents Plus Parenting When Separated Programme: parents who are preparing for, going through, or have gone through a separation or divorce

Start date: 31st March 2021 (Taster Session) then 21st April

Length of course: 7 weeks

Day of course: Wednesday

Time of course: 7 – 9.30pm

Course provider: Families in Focus Parenting Team

Course platform: Zoom programme

Course enquiries: Deborah Davis: 07880 179 204 or Chris Hardy: 07552 289 599

Email: deborah.davis@bristol.gov.uk or chris.hardy@bristol.gov.uk

Check your Children's Centre to see what further on-line and face to face parenting support is being provided. This web tool will help you locate your nearest Centre:

<https://www.bristol.gov.uk/schools-learning-early-years/childrens-centre>

If you are concerned about the well-being of a child, please contact the **First Response Team: 0117 903 6444** or when offices are closed the **Emergency Duty Team: 01454 615 165**.

<https://www.bristol.gov.uk/social-care-health/reporting-concerns-about-a-child-first-response>

Autism Family Courses

NAS EarlyBird Programme: 3 month course for Parents and Carers of children with a diagnosis of autism under 5 years

Barnardo's Cygnet Course: 7 sessions for Parents and Carers of children with a diagnosis of Autism aged 5-8 years

The Teenage Life Autism Course: Parent information and Advice Course for Parents of Children ages 8-18 years

For more details on any of the Autism Family Courses

Web: <https://www.bristol.gov.uk/web/bristol-local-offer/support-for-parents-of-children-with-autism>

Contact: Menai Gore, Business Support Officer at the Family Learning and Family Support Hub

Tel: 07827 896 700

Email: autismfamilycourses@bristol.gov.uk

Other Online Parenting Courses, Support, Advice and Telephone Coaching

Family Lives

Emotional support, information, advice and guidance on any aspect of parenting and family life:

Helpline: 0808 800 2222 (Monday to Friday: 9am to 9pm & Weekends 10am to 3pm)

E-mail: askus@familylives.org.uk

Web: Parenting Tips, Advice and Support: [Parenting and Family Support - Family Lives \(Parentline Plus\)](#)

Web: Online course for parents of children aged under 5y:

<http://www.familylives.org.uk/how-we-can-help/online-parenting-courses>

Netmums

Online parenting course based on the Nurturing Programme:

Web: [Netmums Parenting Course: What It Is And Where To Sign Up - Netmums](#)

NSPCC

Helpline: 0808 800 5000

Email: help@nspcc.org.uk

Web: Parenting Tips, Advice and Support: [Support for parents | NSPCC](#)

Web: Positive Parenting Guide (PDF): [Positive parenting \(nspcc.org.uk\)](#)

Wellspring Settlement

1:1 Telephone coaching and 5-week online parenting course based on Strengthening Families Strengthening Communities

Contact: Sally Williams

Tel: 0117 9556971

Email: sallyw@bartonhillsettlement.org.uk

Web: [SPAN - Parent Support Team - Barton Hill Settlement](#)

Young Minds

Information and support on-line for parents concerned about their child's mental health:

Helpline: 0808 802 5544 (Monday to Friday: 9.30am to 4pm)

Web: <https://youngminds.org.uk/find-help/for-parents/>

Full Circle Parents and Carers Speak (formerly Docklands Parent and Carers Support Meeting)

Parents and Carers Speak is an informal group run by parents and carers for parents and carers with support from Full Circle Youth services and Bristol City Council Safer Options staff team.

Platform: Zoom

When: Monthly on the first Wednesday of the month

For more information:

Contact: Judit: 0785171635 or Michelle: 07710396744

Email: parents@fullcircleproject.org.uk or michelle.mcmorrow@bristol.gov.uk

FAMILIES IN FOCUS PARENTING TEAMS (FIFPT)

South Families In Focus Team:

Office:

The Park, Daventry Rd, Knowle, BS4 1DQ

Tel: 0117 903 7770

Email: familiesinfocussouth@bristol.gov.uk

Parenting Supervisor:

Saf Cooper

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Parenting Specialists:

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Vicky Mundy

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Email: victoria.mundy@bristol.gov.uk

Vicky Collis

Tel: 07464 983 531

Email: Vicky.collis@bristol.gov.uk

Pauline Sparkes

Tel: 07464 907 637

Email: Pauline.sparkes@bristol.gov.uk

Jessica Kelly

Tel: 07876 817 116

Email: jessica.kelly@bristol.gov.uk

North Families In Focus Team

Office:

Ridingleaze, PO Box 3176, Bristol. BS3 9FS

Tel: 0117 352 1499

Email: familiesinfocusnorth@bristol.gov.uk

Parenting Supervisor

Deborah Davis

Tel: 07880 179 204

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Parenting Specialists

Gail Hunter

Tel: 07584 202 855

Email: gail.hunter@bristol.gov.uk

Jude Elias

Tel: 07919 397 634

Email: Judith.elias@bristol.gov.uk

Natasha Kirby

Tel. 07464 510 313

Email: natasha.kirby@bristol.gov.uk

East Central Families In Focus Team

Office:

Bristol Education Centre, Sheridan Road, Horfield, Bristol. BS7 0PU

Tel: 0117 357 6460

Email: familiesinfocuseastcentral@bristol.gov.uk

Parenting Supervisor

Denise Quilty

Tel: 07881 267 126

Email: Denise.quilty@bristol.gov.uk

Parenting Specialists

Karen Legge

Tel: 07384 243 765

Email: karen.legge@bristol.gov.uk

Chris Hardy

Tel: 07552 289 599

Email: chris.hardy@bristol.gov.uk

Lucy Dixon

Tel: 07827 305 457

Email: lucy.dixon@bristol.gov.uk

Kauser Perveen

Tel: 07880 101 276

Email: kauser.perveen@bristol.gov.uk

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