

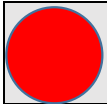
NEWSLETTER

26 June 2020



This week at Fair Furlong

Certificates awarded for outstanding achievement this week:



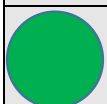
Learning Together:



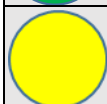
Enthusiasm: Aditi Nair, Holly Hoskin, Dennis Cercelaru-Enriques, Lily Palmer, Naya Khoula



Challenge: Noah Bevan, Blake Bayley, Filip Wilk, Max Matlacki



Respect:

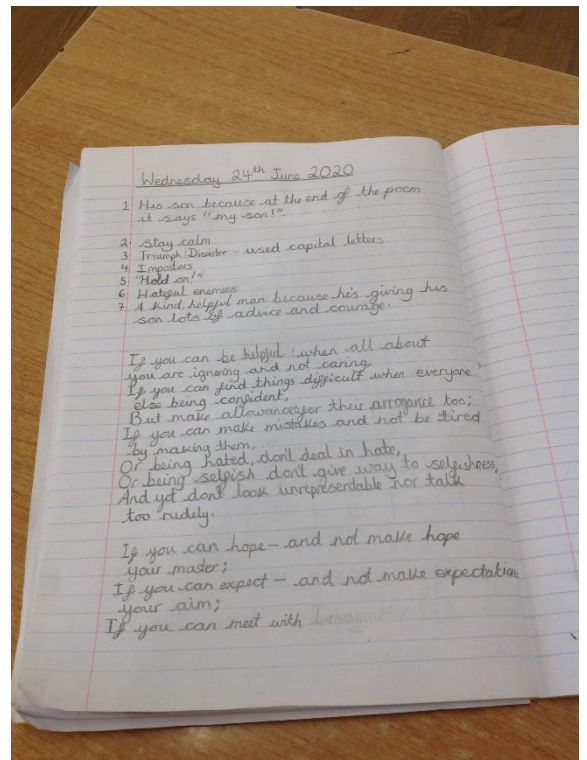


Trust:



This week:

Filip Wilk made a beautiful picture using flowers he found on a nature walk



Wiktoria Krzynowek in Yellow Year 6 has started to write a beautiful poem for the Year 5 children who will be coming into Year 6 next year. It is full of advice for them and is based on Rudyard Kipling's poem called If.



This week, the keyworker group of children have enjoyed making wheat bags. Their brief was to create a product that depicted a scene from our class text, 'Into the forest' by Anthony Browne.

Year 1 Yellow Group have been learning about plants and have painted their own daffodils.



Here are some ways to support you and your child through the Covid-19 crisis.

10 ways you can make a difference



1. Acknowledge reactions if they happen

Do acknowledge any reaction that a baby or child may show as a result of being upset. Don't just brush over it in the hope that it might just go away.



2. Talk to the child about the current situation

To help children feel safe and manage feelings of loss, you can talk to them about their distress and difficulties. You can 'label' areas of concern when talking to them, and discuss the current situation honestly, in a way that is age appropriate and doesn't provoke fear. Be prepared with answers to questions that might also cause you anxiety or confusion.



3. Make explanations fun and visual

It's important to keep explanations simple. Some can be turned into a story. When talking about the virus, try and portray it in a way that feels less menacing, and allows you to include references which are familiar to the child.



4. Get to the route of the real problem

Make an effort to explore exactly what it is that is causing a baby or child to become anxious. For instance, you may find that a child may be worried about something specific, like missing friends or grandparents, rather than the coronavirus itself.



5. Be aware that babies and children can pick up on anxiety

Babies and young children can be affected by the anxiety of the adults around them. This will take its toll on them, even if they do not yet have the ability to put this into words. Adults need to be mindful of this when expressing their own feelings when children are present.



6. Let them know it's not their fault

Young children can sometimes believe they are responsible for events which are beyond their control. Reassure them that none of this is their fault and that you are here to keep them safe.



7. Compare to other experiences of life changes that worked out OK

If you can, think of a time in the past when the child experienced change that didn't create any negative impact. Talking about this experience with them might soothe their fears and help them to feel understood. For example, they may have moved to a different nursery but managed this transition well. Doing this will help the child start to feel less alone with their feelings and the sense that things are not the way they used to be.



8. Establish routines

Many children and babies will have had their usual routines disrupted. It's important to create new routines that can be repeated on a daily basis, or to re-establish existing ones. This can help them to feel safe. Keeping regular mealtimes and bedtimes, setting a daily time to play games together, read to them, or sing songs, will all contribute to their sense of stability.



9. Create a set time in the day for playing

Playing is important to the wellbeing and development of a baby or child. But it can also be a safe way for children to act out things that are worrying them. It can help you to pick up on worries or misunderstandings, and talk about them. It's also a great way to reduce stress in adults.



10. Look after yourself too

Even if babies and young children are not directly exposed to the trauma of the coronavirus outbreak, they can recognise stress and worry in the adults and older children they live with. So, looking after yourself puts you in the best position to look after those who are important to you.

THE BRIDGE FOUNDATION THERAPISTS SUPPORT FOR ALL FAIR FURLONG PARENTS/CARERS

Are you and your family struggling to adjust to the changes caused by COVID-19? Do you have questions? Would you like some extra support? Don't be alone. We can help!

Our team of in-school therapists from The Bridge Foundation have set up an email helpline for families of Fair Furlong to contact for support and guidance through these difficult times.

Please send any queries through
to fairfurlong.coronavirus.helpline@bridgefoundation.org.uk

At any point in the week. Kate and Bridget (Bridge Foundation therapists) will be on hand to answer any messages via email reply on Monday and Tuesday afternoons each week.

Letters home this week: Update from Mrs Lang; New timings for arrival and pick up from next week;

2019

Term 6

Monday 1 June to Friday 17 July 2020 (Monday 20 July - INSET DAY)

School reports home 29th June

New class information 3rd July

Sports week in school and home 6th July

New class zoom meetings 10th July

2020/21 School Dates

Term 1

Wednesday 2 September to Thursday 22 October

(Tuesday 1 September and Friday 23 October : INSET DAYS)

Term 2

Tuesday 3 November to Friday 18 December

(Monday 2 November : INSET DAY)

Term 3

Tuesday 5 January to Friday 12 February

(Monday 4 January : INSET DAY)

Term 4

Monday 22 February to Thursday 1 April

Term 5

Monday 19 April to Friday 28 May

Term 6

Monday 7 June to Wednesday 21 July

(Friday 9 July : INSET DAY)



Smoke Free Bristol - Are you ready to quit? If so, why not contact Smoke free Bristol for support -

www.smokefreebristol.com

Telephone number: 0117 922255

Coronavirus - if you are concerned about any symptoms you are experiencing please see link below for guidance -

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-people-with-confirmed-or-possible-coronavirus-covid-19-infection>

If you or your family are affected please do let the school office know so we can respond accordingly in school – This is really important.

DATA PROTECTION REGULATION - You may not be aware but the General Data Protection Regulation (GDPR) came into force in May 2018. We are required to conduct due diligence for all parents to be aware of the regulation and how it affects their child and the way the school deals with their personal data. Under the regulation we have a responsibility to ensure to the best of our ability that any personal data held is up to date. We would ask that should any of your personal data change i.e. telephone number, address, medical needs etc that you please inform the school as soon as possible so we can update our records. You will still receive an annual data collection sheet every September but we would ask you not to wait but inform the school of any changes immediately



Picture News

at Home

29th June 2020

What's going on this week?



29th June-5th July

Why do we have statues?

Following protests campaigning for Black Lives Matter, demonstrators in Bristol pulled down a statue of a former slave trader, Edward Colston, and threw it into the harbour. It is likely that the statue will now be placed in a museum. Many other famous statues have been in question in other parts of the UK, with issues regarding what they represent and if they should be given prominent positions in towns and cities.

Things to talk about at home...

- Do you know if there are any famous statues or monuments in your local area? Do you know why they are there and who the person is/what the object is?
- Is there anyone in your local area who you think deserves a statue? Why?
- Why do you think we choose to put up statues or monuments?

Please note any interesting thoughts or comments here...

Share your thoughts and read the opinions of others on our discussion board: www.picture-news.co.uk/discuss